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**Subject:** Food pantries  
**From:** dreeb@albany.edu  
**Date:** Thu, January 29, 2009 11:35 am  
**To:** dreeb@albany.edu  
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Hi McKownville residents:

Recently I received an inquiry from a resident about food pantries.

Hamilton Union Church near our library on Western Avenue is the location for Guilderland residents seeking food from a food pantry. It is open Monday through Friday in the morning--you call Linda Jacobsen at 456-5410 to arrange for food and pick it up between 10 and 11 am. The pantry attempts to provide food for 9 meals a month per household. She will inform you about needed identification and qualifications. Other arrangements for can be made for food pickup.

There is also a food pantry at St. Lucie's Church in Altamont.

There are other food pantries--at Blessed Sacrament and at St. Vincents in Albany but the organization of food pantries is such that you are to use the one in your neighborhood and for Guilderland residents that is either Hamilton Union or St. Lucie's.

Volunteers to work at food pantries are needed at various locations--and you can call 458-8246, Food Pantries of the Capital District, to inquire about volunteer opportunities. Persons able to work during the day are more useful than those able to work only in the evening. The web address is foodpantries.net. The information below is reprinted from that website. The website also contains information about contributions, meetings, etc.

Don Reeb  
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IF YOU NEED HELP

If you are in a situation where you are in danger of running out of food and you do not have the money to purchase groceries, you are welcome to visit a Food Pantry. Please call our office at 458-1167 and we will provide you with the name, address, phone number, and hours for the pantry that you can go to.

While each of the pantries is a little different, you should expect to complete a short registration process. Expect to be asked to identity yourself and everyone who is living in your household and needs food. You will be asked for proof of identification. You will also be asked for address information. Most pantries will ask you to bring proof of address. Some pantries may ask you about your income and employment.

The information that you provide is confidential but may be shared with the directors of surrounding pantries. You may only visit one pantry.

When you go to the pantry, you will receive enough groceries to last at least three days.  
YOU WILL NEVER BE CHARGED OR ASKED FOR MONEY FOR THE FOOD THAT YOU RECEIVE.

Food Pantries for the Capital District publishes Resource Guides for